

# YOUR MENU

(v) = vegetarian  
(ve) = vegan

**Fieldhead  
Carr Primary**

*Week 1*

W/C – 5/9/22, 26/09/22,  
17/10/22, 14/11/22, 5/12/22,  
9/01/23, 30/01/23

## MONDAY

Vegetable Mac 'n' Cheese  
(v)

Vegetarian Burger in a Bun  
with Jacket Wedges (ve)

Wholemeal Cheese Bap  
with Jacket Wedges (v)

Jacket Potato with Pizza  
Topping (v)

Lemon Cookie with Fresh  
Fruit Wedges

## Tuesday

Sticky Chicken Wrap with  
Rice

Margherita Pizza with  
Jacket Wedges (v)

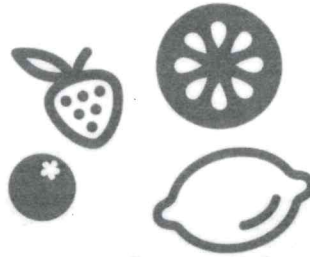
Egg Mayonnaise Sandwich  
with Jacket Wedges (v)

Jacket Potato with Cheese  
and Onion (v)

Chocolate Cornflake Cake  
with Fresh Fruit Wedges

**AVAILABLE DAILY**  
**YOGHURTS**  
AND  
**Fresh Fruit**

MENUS ARE SUBJECT  
TO AVAILABILITY



## Wednesday

Minced Beef and Onion Pie  
with Mashed Potato

Tikka Masala Curry with  
Rice (v)

Tuna Crunch Wrap with  
Jacket Wedges

Jacket Potato with Baked  
Beans (ve)

Apple Flapjack

RED TRACTOR STANDARDS



## THURSDAY

Roast Pork with Yorkshire  
Pudding, Mashed and Roast  
Potatoes

Vegetarian Sausage with  
Yorkshire Pudding, Mashed  
and Roast Potatoes (v)

Hot Roast Filled Bap with  
Roast Potatoes

Pear and Ginger Sponge  
and Custard



## FRIDAY

Fish Fingers with Chips

Omelette with Chips (v)

Cream Cheese and  
Cucumber Bap with Veg  
Sticks and Chips (v)

Jacket Potato with Chilli  
Baked Beans (ve)

Ice Cream with Peach  
Compote

Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.

