

Fieldhead Carr PSHE Long Term Plan 2020-21

<h3>PHSE Curriculum Overview</h3> <p><i>Created for the specific needs of our children and community</i></p>	Relationships <ul style="list-style-type: none"> - Respecting self & others - Families & close relationships - Friendships - Managing harmful behaviour & bullying - Safe relationships 	Health and Wellbeing <ul style="list-style-type: none"> - Keeping safe - Healthy lifestyles - Mental health - Ourselves, growing and changing - drugs, tobacco and alcohol 	Living in the wider world <ul style="list-style-type: none"> - Shared responsibilities - Communities - Media Literacy & Digital Resilience - Economic Well-being: money - Economic Well-being: aspiration, work and career
Key Events: School Diversity Week- 11 th Oct- 17 th Oct Black History Month- October Harvest- Oct Anti-bullying Week- Mon 16 th November Remembrance Day- 11 th November		Diwali – 14 th November Advent and Christingle- December Human Rights Day- 10 th December Safer Internet Day - 11 th Feb Healthy Schools Week- June	
Foundation Stage 1			
Foundation Stage 2	<u>Islington Scheme</u> <ul style="list-style-type: none"> • Feelings <u>Seal</u> <ul style="list-style-type: none"> • New Beginnings • Getting on & falling out • Say no to bullying • Relationships <u>Mindmate</u> tbc	<u>Islington Scheme</u> <ul style="list-style-type: none"> • Me and Others (FS2 added Islington) • Fun times • What do we put into and on to bodies? <u>Seal</u> <ul style="list-style-type: none"> • Good to me <u>Mindmate</u> tbc	<u>Islington Scheme</u> <ul style="list-style-type: none"> • My Money • Feeling safe <u>Seal</u> <ul style="list-style-type: none"> • Changes • Going for Goals <u>RE Hub</u> What can we see in our wonderful world?

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	<p><u>RE Hub</u> Where do we Live and who lives there? Who and what are special to us?</p> <p><u>PSHE Association</u> tbc</p>	<p><u>RE Hub</u> What makes a good helper?</p> <p><u>PSHE Association</u> tbc</p>	<p><u>PSHE Association</u> tbc</p>
<p>Year 1</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Feelings (Mental health and wellbeing – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • New Beginnings • Getting on & falling out • Say no to bullying • Relationships <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Feeling good and being me • Friends and family • Strong emotions • Being the same and being different <p><u>RE Hub</u> How and why do we care for each other?</p> <p><u>PSHE Association</u> Tbc</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Feeling safe (Keeping safe and managing risk – Islington) • What do we put into and onto bodies? (Islington – Drugs) • Fun Times (Physical health and wellbeing – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • Good to me <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Life changes • Solving problems and making it better • Mindfulness <p><u>PSHE Association</u> tbc</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Me and others (Identity, society and equality – Islington) • My money (Careers, financial capability and economic wellbeing – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • Changes • Going for Goals <p><u>RE Hub</u> Who can inspire us?</p> <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Mindfulness <p><u>PSHE Association</u> tbc</p>

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<p>Year 2</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> Boys and girls, families (Sex and Relationship education – Islington) Friendship (Mental health and emotional wellbeing – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> New Beginnings Getting on & falling out Say no to bullying Relationships <p><u>Mindmate</u></p> <ul style="list-style-type: none"> Feeling good and being me Friends and family Strong emotions Being the same and being different <p><u>PSHE Association</u> tbc</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> Indoors and Outdoors (Keeping safe and managing risk – Islington) Medicines and me (Drugs – Islington) What keeps me healthy (Physical health and wellbeing – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> Good to me <p><u>Mindmate</u></p> <ul style="list-style-type: none"> Life changes Solving problems and making it better Mindfulness <p><u>PSHE Association</u> tbc</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> Me and others (Identity, society and equality – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> Changes Going for Goals <p><u>Mindmate</u></p> <p><u>P4C</u></p> <p><u>RE Hub</u> How can we look after the How can we make good choices?</p> <p><u>Mindmate</u></p> <ul style="list-style-type: none"> Mindfulness <p><u>PSHE Association</u> tbc</p>
<p>Year 3</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> Bullying (Keeping safe and managing risk – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> New Beginnings Getting on & falling out Say no to bullying Relationships <p><u>Mindmate</u></p> <ul style="list-style-type: none"> Feeling good and being me 	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> Tobacco is a drug (Drugs – Islington) Strengths and Challenges (Mental health and emotional wellbeing – Islington) What helps me choose (Physical health and wellbeing – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> Good to me 	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> Celebrating difference (Identity, society and equality – Islington) Saving, Spending and budgeting (Careers, financial capability and economic wellbeing – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> Changes Going for Goals

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	<ul style="list-style-type: none"> • Friends and family • Strong emotions • Being the same and being different <p><u>PSHE Association</u> tbc</p>	<p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Life changes • Solving problems and making it better • Mindfulness <p><u>PSHE Association</u> tbc</p>	<p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Mindfulness <p><u>PSHE Association</u> tbc</p>
<p>Year 4</p>	<p><u>Seal</u></p> <ul style="list-style-type: none"> • New Beginnings • Getting on & falling out • Say no to bullying • Relationships <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Feeling good and being me • Friends and family • Strong emotions • Being the same and being different <p><u>PSHE Association</u> tbc</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Playing safe (Keeping safe and managing risk – Islington) • Making choices (Drugs – Islington) • Strengths and Challenges (Mental health and emotional wellbeing – Islington) • What is important to me (Physical health – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • Good to me <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Life changes • Solving problems and making it better • Mindfulness <p><u>PSHE Association</u> tbc</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Democracy (Identity, society and equality – Islington) • Saving, spending and budgeting (Identity, society and equality – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • Changes • Going for Goals <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Mindfulness <p><u>PSHE Association</u> tbc</p>

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<p>Year 5</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Growing up and changing (Sexual Relationship – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • New Beginnings • Getting on & falling out • Say no to bullying • Relationships <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Feeling good and being me • Friends and family • Strong emotions • Being the same and being different <p><u>RE Hub</u> Should we forgive others?</p> <p><u>PSHE Association</u> tbc</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • When things go wrong (Keeping safe – Islington) • Dealing with feeling (Mental health – Islington) • Different Influences (Drugs – Islington) • In the media (Physical health – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • Good to me <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Life changes • Solving problems and making it better • Mindfulness <p><u>PSHE Association</u></p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Stereotypes, discrimination and prejudice including tackling homophobia (Identity, society and equality – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • Changes • Going for Goals <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Mindfulness <p><u>RE Hub</u> What values are shown in codes for living?</p> <p><u>PSHE Association</u> tbc</p>
<p>Year 6</p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Healthy relationships and making a baby (Sexual relationship education – Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • New Beginnings • Getting on & falling out • Say no to bullying • Relationships <p><u>Mindmate</u></p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Keeping safe out and about (Keeping safe and managing risk) • Weighing up risk (Drugs – Islington) • Healthy Minds (- Islington) <p><u>Seal</u></p> <ul style="list-style-type: none"> • Good to me <p><u>Mindmate</u></p>	<p><u>Islington Scheme</u></p> <ul style="list-style-type: none"> • Human rights (Identity, Society and equality – Islington) • Borrowing and earning money (Careers, financial capability and economic wellbeing) • Enterprise Activities – Values for life savers <p><u>Seal</u></p>

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	<ul style="list-style-type: none"> • Feeling good and being me • Friends and family • Strong emotions • Being the same and being different <p><u>PSHE Association</u> tbc</p>	<ul style="list-style-type: none"> • Life changes • Solving problems and making it better • Mindfulness <p><u>RE Hub</u> Growing up and rights of passage</p> <p><u>PSHE Association</u> tbc</p>	<ul style="list-style-type: none"> • Changes • Going for Goals <p><u>Mindmate</u></p> <ul style="list-style-type: none"> • Mindfulness <p><u>PSHE Association</u> tbc</p>
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